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Nightwood productions

A DIVISION OF Healing Environments

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Waiting
for
Spring

As you who
have lived
through a
long winter
know



the most
difficult
time
comes



After the
beautiful,
pristine
snows have
gone



the long,
wet, cold, dark
months when
life is
dormant



So it is
for those
of us, who
grieve



A dark
night of the
soul



Enter
into that
darkness
fully,



As Jung
says, go into
your grief



for there
your
soul
will grow



The soul
work of
grieving
just as
nature's
work of
renewal



Cannot
be
rushed

January
~~February~~
~~MARCH~~
~~April~~
~~May~~
JUNE
July

Let us not
shrink
from
the darkness



but,
gathering
strength
from
nature's
example



Wait
patiently
and
faithfully
for
spring

